

# Praying on the Belt of Truth

*“Stand therefore, having **girded** (literally: to wrap around and fasten) **your waist with truth...**” Ephesians 6:14a*

This is the beginning place. You will go no further with God until you come to Him in genuine honesty about who you are and who He is.

## ***PRAY IT ON:***

Ask the Father to reveal any areas in your life where you are deceived or walking in darkness or where things are not as they appear to be. As He does, write these areas down. Do not argue with Him about it or try to defend yourself! God desires you to come to Him, not as you desire to be but as you truly are with all your flaws and filth.

### **Pray, then listen and write:**

“Father, in Jesus’ name, reveal to me any lies I have believed about You or myself.”

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“Father in Jesus name I renounce the lies you have shown me, (call them out specifically.) I reject them and ask you to replace them with Your truth. Reveal Truth to me now.” (Listen and write.)

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### **Pray, then listen and write:**

“Father, in Jesus’ name, reveal to me any areas of my life that are false. Show me anything about myself that I have portrayed to others or myself in a dishonest or deceptive way.” Show me anywhere I have tried to present myself as something that I am not.” (Listen and write.)

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“Father, in Jesus’ name, I repent of these things, (call them out specifically.) I desire to be genuine and honest. Free me from any bondage brought on by self deception or deception from others. Clothe me with truth and let me live in Your light. In Jesus’ name, amen.